



THE MAJOR RIVERS AND LAKES

Social Studies 7 Canada Map Assignment

Cities: Locate and label the following cities on your Canada map.

Vancouver	Victoria	Kelowna	Iqaluit	Edmonton
Fort McMurray	Calgary	Saskatoon	Regina	Yellowknife
Winnipeg	Brandon	Churchill	Thunder Bay	Whitehorse
Toronto	Ottawa	Montreal	Quebec City	Fredericton
Halifax	Charlottetown	St. John's		

Note: On this sheet, highlight the capital cities of Canada's Provinces & Territories

Water Bodies: Locate, label and colour the following water bodies blue on your Canada Map.

Pacific Ocean	Arctic Ocean	Atlantic Ocean	Hudson Bay
St. Lawrence River	N. Saskatchewan River	Red River (MB)	Lake Ontario
Lake Michigan	Lake Erie	Lake Huron	Lake Superior
Lake Winnipeg	Lesser Slave Lake	Mackenzie River	Fraser River
Ottawa River	Baffin Bay	Davis Strait	

Provinces: Label and color the following provinces and territories separate colors on your Map of Canada.

British Columbia	Alberta	Saskatchewan	Manitoba	Ontario
Quebec	Nova Scotia	New Brunswick	Prince Edward Island	
Newfoundland	Yukon	Northwest Territories	Nunavut	

Your Travels: Locate 3 places in Canada, label them on your Map of Canada, and below explain why you were there.

1.

2.

3.